



If you think you have coronavirus, or you live with people who think they have coronavirus



- You must all stay at home
- Stay away from other people as much as possible
- Do this for 14 days



If you feel very ill,
Or
If you still feel ill after
7 days,
Call 111



If you are feeling ill



- When you cough cover your mouth with a tissue
- When you sneeze cover your mouth with a tissue

- Put the tissue in a bin

- Wash your hands with soap and water

Do not share

- Towels
- Bedding
- Dishes